



WORKSHOP & ACTIVITY DESCRIPTIONS - TIER ONE

Drama Class 2009-2010

Monday and Wednesdays – 9:50 am to 11:20 am



Kathleen Balassi has been actively involved with music, theater, and dance since early childhood. Some of her favorite roles have included: Guenevere in Camelot, Minnie Faye in Hello Dolly, Rosamund in The Robber Bridegroom, Fiona in Brigadoon, Nellie in South Pacific, Hodel in Fiddler on the Roof, Marian in The Music Man, and Gretel in Hansel and Gretel. Mrs. Balassi graduated summa cum laude from Southern Illinois University at Edwardsville with a Bachelor of Music in Vocal Performance and Musical Theater. She has performed professionally in the Palace Theater at Six Flags Over Mid America and St. Louis Union Station. She has been singing with The Caroling Party for 4 seasons and was recently featured as one of the Carolers in Disney's Train Tour of the movie "A Christmas Carol" at Union Station and Busch Stadium. While raising and homeschooling her five children has been

her primary role the past 21 years, she has continued to sing as a soprano soloist in cantatas, weddings, and many other venues. Along with her husband Bob, Mrs. Balassi has ministered through music, dance, and drama on 4 mission trips to Russia and is featured on five worship CDs. She currently leads worship with her musical family at the Gateway House of Prayer and at Southgate Church. Mrs. Balassi has been teaching at Motion Express School of Dance and Acrobatics for over 15 years, and teaches private voice in her home. She believes God gives us gifts/talents to bring glory to Jesus. She hopes to inspire FCCHS students to use drama as a vehicle to share the gospel.

Course description:

The purpose of this course is to help students communicate expressively and effectively through the dramatic arts. Attention will be given to body language as well as vocal tone, diction, projection, and expression. Students will also learn basic stage directions and vocabulary through interactive exercises and skits. Students will have the opportunity to perform monologues and scenes at FCCHS chapel services, Christmas program, and spring program.

Karate Class 2009-2010

Tuesday and Thursdays – 8:00 am to 9:30 am



Loren Copp currently is the Senior Minister at Southwest Christian Church in Fenton, MO. Prior to becoming the Senior Pastor, he served as Youth Minister at SCC. He has 25 years experience in Martial Arts and, in 2007 was elected to the USMA Martial Arts Hall of Fame. Mr. Copp also is a CMAPA and USMA Certified Instructor and is a Seventh Degree Black Belt Ma-ji Ryu, Fifth Degree Black Belt JuJitsu, Fourth Degree Black Belt Shorin-Ryu with rankings in Judo, Hapkido. Many physical benefits can be obtained from participating in the martial arts but Loren also teaches Christian principles, respect, discipline, character, trust, honor, self-esteem, self-confidence and self-control. He is a great example for the youth, participating in tournaments and much more.

ACT Workshop

September 30- October 1, 2009

The FCCHS ACT Workshop is a two day event designed to help prepare students for the ACT Test. Students are divided by grade-level to take part in teacher-led workshops that cover both the concepts from the various content areas and effective test-taking strategies. Students also practice actual test questions.



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Choir Class 2009-2010

Tuesday and Thursdays – 1:30 pm to 3:00 pm



Laura Scheidhauer holds a Bachelor's degree in music education from the University of Missouri, St. Louis with an emphasis in choral/vocal music. She has taught high school and junior high music in both private and public schools and is presently teaching K – 8th music at Cornerstone Academy. Laura has actively worked in the music and/or youth ministry of her local church for over twenty years, leading choirs, ensembles and youth ministry. Early in her ministry, Laura founded Mustard Seed Ministry which included youth Bible studies and music performances for retreats, revivals and other special events.

She performs as a soloist and has been a member, off and on, for the past fifteen years of the Cornerstone Chorale and Brass, a professional ensemble performing across the United States, including concerts at the Sheldon in St. Louis, the Kennedy Center for the Performing Arts in Washington, D.C. and New York's Carnegie Hall. Laura is married with four children and has homeschooled and used private Christian school for their education. Her heart is to help young people discover and develop their talents for the glory of God with a commitment to excellence.

Course Description:

The choir will focus on music literacy, practicing good vocal production, singing in 3 and 4 part harmony, sight-singing and performance etiquette. Although most of the class will be participation in the choral ensemble, it will also include written assignments and both singing and written tests. No audition is necessary for participation in this class but a vocal evaluation will be done to determine the ability level of the students and individual placement within the group. Literature will include a variety of musical styles and time periods. The choir will have the opportunity to perform several times each semester including the FCCHS Christmas program, graduation, and Spring Program.

Practical Legal Seminar

Robert D. Arb, a Christian attorney with 30 years of litigation experience, will present a Practical Legal Seminar this semester consisting of a lecture and a question and answer period. The presentation will teach student basic concepts concerning the law which they need to know in everyday life. The topics to be covered are loans, leases and other contracts; car accidents; employment law and work injuries; wills and trusts.

Co-ed Bowling



Faith Community has two bowling teams that participate in the St. Louis area high school league. Coach Warren Mehrtens and his staff encourage our students to improve their bowling skills and make it an enjoyable experience. The season begins September 22, 2009. The practice commitment will be 1-2 times a week. Cost: T.B.D.